

Prevent Child Abuse Tennessee: www.pcat.org

Domestic Violence Helpline: 1-800-356-6767

The helpline is a 24/7 domestic violence helpline serving all of Tennessee. Callers are connected immediately to crisis intervention specialists who provide connection to resources, safety plan with victims, conduct lethality assessments with local police, and assist in transitioning callers to the next level of help. The Statewide Domestic Violence Helpline is a referral and counseling helpline for victims of domestic violence. Counselors are available 24/7 to offer referrals and supportive listening, and help with safety planning.

Parenting Helpline: 1-800-CHILDREN or 1-800-244-5373

Counselors offer answers and solutions to the stresses of parenting and link families with community resources.

Nurture TN: www.pcat.org/nurturetn

New mothers receive support from mentor moms who are trained and equipped with resources to help.