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***The Austin Hatcher Foundation Expands Services to Include
Evidence-Based EMDR Therapy***

- *EMDR is Eye Movement Desensitization and Reprocessing*
 - *Service will be provided by Tyler Clemmons, LCSW*
- *Treating traumatic memories, anxiety, depression, grief, and more*

CHATTANOOGA, Tenn. (Dec. 15, 2021) – The Austin Hatcher Foundation is expanding its long list of mental health and well-being counseling by offering EMDR Therapy beginning in 2022.

The experience of childhood cancer goes beyond diagnosis and affects every individual family member differently. All family members need unique solutions to the challenges they face. EMDR is one more step for individuals at the Austin Hatcher Foundation to reach their fullest potential.

EMDR is Eye Movement Desensitization and Reprocessing. It is a psychotherapy approach geared toward helping people function in an adaptive and emotionally healthy way. It uses rapid eye movement and other techniques to help desensitize and process distressing memories or beliefs as a way to help view them from a more adaptive perspective.

EMDR is an evidence-based approach to therapy, similar to the other types of therapy offered at the Austin Hatcher Foundation for Pediatric Cancer. It has been shown to be effective primarily in treating traumatic memories but also addresses other concerns such as anxiety, depression, grief, and more that may be associated with a family's childhood cancer journey.

Foundation Licensed Clinical Social Worker, Tyler Clemmons, received training in November on incorporating EMDR into his practice and will begin offering this at the Austin Hatcher Foundation.

"I am really excited to be able to facilitate this new evidence-based treatment option with individuals at AHF," said foundation LCSW, Tyler Clemmons. "I am very confident that this new option will help our patients cope with and thrive through challenges related to pediatric cancer and other life challenges as well."

For more information about EMDR or other services offered at the Austin Hatcher Foundation, please contact info@hatcherfoundation.org.

About the Austin Hatcher Foundation:

The mission of the Austin Hatcher Foundation for Pediatric Cancer is to erase the effects of pediatric cancer and optimize each child's quality of life through essential specialized intervention beginning at the time of diagnosis and continuing throughout survivorship. The foundation, founded in 2006 by Amy Jo Osborn and her husband, Dr. James Osborn, is a 501 (c) (3) non-profit organization. Services are provided to children with cancer, and their families, via the foundation's acclaimed Education Advancement Center (EAC) in Chattanooga, Tennessee. The EAC is a state-of-the-art facility and is home to the foundation's four divisions including Psycho-Oncology, Healthy Lifestyle Education, Diversionary Therapy and Industrial Arts Therapy. The foundation provides all services at no cost, with services funded solely by the donations of supporters. Since its inception, the foundation has provided services to more than 72,000 individuals across 23 states, in 42 children's hospitals. The foundation is part of the SEMA Cares Family of Charities, is an official Proud Charity of the International Motor Sports Association and the official charity of SimCraft. For more information on the Austin Hatcher Foundation, please visit www.hatcherfoundation.org or contact the foundation via e-mail at info@hatcherfoundation.org. Follow the Austin Hatcher Foundation on Facebook at facebook.com/austinhatcherfoundation and on Twitter and Instagram at [@austinhatcherfo](https://twitter.com/austinhatcherfo).